

CURRICULUM VITAE

EDUCATIONAL BACKGROUND

- Present Simmons University  
Boston, MA  
Doctor of Social Work, DSW
- 2011-2013 California State University, Chico  
Chico, CA  
Master of Social Work, MSW  
Thesis: Self-Esteem, and Adaptation/Integration of Gender Non-Conforming, Transgender and Transsexual (Trans\*) People
- 2008-2011 California State University, Chico  
Chico, CA  
BA, Social Science: Social Work, Sociology, Multicultural and Gender Studies
- Chico, CA  
MSW Counseling Intern

TEACHING EXPERIENCE

- 2021 Pacific Oaks College  
LGBTQIA+ History and Historical Trauma  
Masters in Marriage and Family Therapy: LGBTQIA+ Studies Specialization  
Pasadena, CA
- 2020/2021 Antioch University  
Transgender Identities  
Undergraduate Special Topics  
Los Angeles, CA
- 2020 Antioch University, Los Angeles

Group Process Therapy  
Undergraduate Studies  
Los Angeles, CA

### BOARD MEMBERSHIP

Present                      The Jim Collins Foundation

Present                      Transgender and Non-binary Narrative Exposure Therapy Trauma Grant  
Center for Transyouth Health and Development  
Children's Hospital, Los Angeles

### PROFESSIONAL EXPERIENCE

2018-Present              Private Practice  
Owner, Therapist, Supervisor

- Provide in-person and tele-health therapeutic interventions to transgender adolescents and their parents, and adults using individual therapy and psychoeducation
- Provide supervision to pre-licensed associates

2015 – 2021                Los Angeles Gender Center  
Los Angeles, CA  
Executive Director

- Promote mission of organization by developing an associate training program to increase access to affirming mental health care to all members of the transgender and non-binary communities
- Supervise a clinical team of fifteen mental health providers, including licensed practitioners, pre-licensed associates, and pre-graduate practicum interns
- Provide individual and family therapy focused on supporting gender non-conforming and transgender adolescents, youth and young adults and their families
- Collaborate with parents, family members, schools, and medical providers to coordinate optimal care for transgender individuals
- Provide CEU training and education on best practices when working

with gender non-conforming youth and transgender adolescents, adults, and their families

- Developed a no-cost program to assist individuals with legal name and gender marker change forms
- Developed a no-cost program for individuals to obtain referral letters for surgical interventions

2013-2015

St. John's Well Child and Family Center

Los Angeles, CA

Transgender Health and Trans\* Empower Program Coordinator

- Developed a comprehensive Transgender Health Program to provide transition related medical care to members of the transgender and non-binary community in South LA and Compton
- Collaborated with, and provided training to St. John's behavioral health team to ensure access to identity affirming services
- Conducted trainings for St. John's front-line staff and ancillary medical providers to ensure affirming and inclusive services for agency's transgender employees, patients, and clients
- Oversaw and coordinated scheduling for over 400-hundred patients
- Advocated on behalf of patients with insurance companies and pharmacies, including writing and submitting appeals
- Supervised staff, interns, and volunteers
- Established and developed working relationships with transgender patients; initiated and conducted outreach to the target populations in South Los Angeles, Compton, and surrounding areas
- Provided comprehensive education and information through street outreach, health fairs, community events, and any other appropriate activity
- Conducted intakes for program patients and clients
- Provided psychotherapy to transgender and non-binary patients

2012- 2013

Stonewall Counseling Program, Chico

Chico, CA

Co-Founder and Program Coordinator

- Developed and coordinated a low-cost, low-barrier community counseling program for the rural LGB, queer, and transgender communities

- Coordinated therapists, interns, trainees, and volunteer schedules
- Conducted intakes and assessments of new clients and appropriately refer them to program clinicians
- Provided appropriate referrals to gender and sexual identity affirming community agencies and services
- Provided trainings on working with transgender and gender non-conforming clients
- Provided counseling to LGB, queer, transgender, and non-binary individuals, couples, and families

2011-2013

Stonewall Alliance Center  
Chico, CA  
Community Educator

- Conducted focused outreach to community organizations providing services to LGB, queer, transgender, and non-binary transitional age youth
- Provided psychoeducation and training to schools, social service agencies, and mental health practitioners about working with LGB, queer, transgender, and non-binary clients and communities
- Facilitated weekly transgender and non-binary peer support group meetings

2010-2011

Stonewall Alliance Center  
Chico, CA  
Prevention, Early Intervention Program Coordinator

- Supervised and coordinated program volunteers and interns
- Participated in program development for state funded suicide prevention program for LGB, queer, transgender, and non-binary transitional youth
- Conducted psychosocial assessments to provide referrals to ancillary community partners
- Conducted trainings at local junior high and high schools to promote a suicide prevention support group

2010

Transition Projects, Inc.  
Portland, OR

## Housing and Retention Specialist

- Primary case manager for adults with severe and/or chronic mental illness transitioning from homelessness into to stable housing
- Collaborated with clients to creating self-determined case plans to foster self-efficacy
- Conducted intakes and bio-psychosocial assessments
- Provided referrals and advocacy to drug and alcohol treatment and mental health stabilization services
- Provided referrals to domestic violence and sexual assault support services
- Worked in collaboration with law enforcement, housing services and other treatment team members
- Assisted in Social Security application and appeal processes
- Managed a housing budget of \$27,000
- Conducted monthly home visits
- Facilitated a monthly housing retention education group
- Developed cooperative relationships with vital community partners
- Acted as a liaison between program participants and other program support agencies
- Provided case management services for housing wait-list clients

2009-2010

Transition Projects, Inc.,  
Portland, OR  
Client Services Specialist

- Provided drop in crisis support services for individuals with severe and/or chronic mental illness experiencing homelessness
- Provided information and referral services for drug and alcohol treatment, mental health support, and food and utility assistance
- Answered the agency hotline and referred calls appropriately
- Assisted in vital statistic document application process
- Coordinated the agency's Community Voicemail service
- Managed emergency shelter waitlist
- Coordinate monthly emergency utility assistance program

2006-2007

Torres Community Shelter  
Chico, CA

## Shelter Coordinator

- Supervised 110 bed adult and family shelter for individuals experiencing homelessness
- Conducted intakes for those seeking shelter services
- Conducted assessments and provided referrals and advocacy to drug and alcohol treatment, mental health stabilization, domestic violence, and sexual assault services
- Hired, trained, and supervised shelter staff and volunteers
- Provided on-site crisis management services to shelter residents

## EDUCATIONAL SEMINARS

2021	Mental Health Care for Transgender and Non-binary clients in a Community Mental Care Health Center: a 4-part training AIDS Project LA (APLA) Virtual Training
2021	Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 4-day Training for Professionals and Families County of Santa Clara Department of Mental Health Virtual Training
2020	Reframing Gender Dysphoria: A New Perspective to Increase Empathy Supporting the Well-Being of System-Involved LGBTQ Youth 2020 Virtual Certificate Program Georgetown University Virtual Conference
2020	Writing Letters of Support for TGNB Individuals Seeking Medical Interventions: Best Practices and the Standards of Care University Southern California
2020	Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 4-day Training for Professionals and Families Chico, CA Trans Week

Virtual Conference

- 2020 Writing Letters of Support for TGNB Individuals Seeking Medical Interventions: Best Practices and the Standards of Care  
UCLA and Department of Mental Health  
Online Webinar
- 2020 Tele-Health Best Practices for the Trans Community  
Central Texas Transgender Health Coalition  
Online Webinar
- 2020 Understanding Issues Involving Gender Non-Conforming and Transgender Individuals Coming to a Courtroom Near You  
Los Angeles, CA
- 2020 Mid-Winter Workshop for Judges of the Ninth Circuit  
Palm Springs, CA
- 2019 Informed and Affirming Care for Incarcerated Youth with Gender Dysphoria  
California Department of Corrections and Rehabilitation, Division of Juvenile Justice  
Stockton, CA
- 2019 Presentation of Gender Dysphoria in Youth and Young Adults  
SickKids Children's Hospital  
Toronto, CA
- 2019 Medical and Mental Health Care for Transgender Individuals  
California State University, Los Angeles  
Los Angeles, CA
- 2019 Gender Dysphoria and TGNCNB Individuals  
County of San Diego Health and Human Services Agency  
San Diego, CA
- 2019 Medical and Mental Health Care for Transgender Individuals  
Claremont Colleges  
Claremont, CA

- 2019 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Flagstaff, AZ
- 2019 Just a Boy/Just a Girl: Integrating Transgender Identity for Early Transitioners  
Gender Odyssey Professional Symposium  
San Diego, CA
- 2019 How Much Distress is Enough Distress? Challenging the Distress Model for the Care of Transgender Youth  
Gender Odyssey Professional Symposium  
San Diego, CA
- 2019 Gender Dysphoria; Beyond the Diagnosis  
Gender Odyssey Professional Symposium  
San Diego, CA
- 2019 Medical and Mental Health Care for Transgender Adolescents  
Santa Clara County LGBTQ Summit  
Office of LGBTQ Affairs, County of Santa Clara  
Santa Clara, CA
- 2019 Supporting Transgender Youth in Residential Treatment Centers and Therapeutic Boarding Schools  
Elevations Residential Treatment Center  
Syracuse, UT
- 2019 Caring for Gender Diverse and Transgender Youth  
Common Problems in Pediatrics  
American Academy of Pediatrics, Utah Chapter  
Salt Lake City, UT
- 2019 Providing Gender-Affirming Care to Transgender, Gender Non-Conforming, & Non-Binary College Students  
Social Justice in College Counseling Conference  
Student Counseling Service at Texas A&M University  
College Station, TX



- 2019 Social Role Transition and Mental Health Concerns in Gender Diverse and Gender Dysphoric Youth and Adults  
American Association of Clinical Endocrinologists 28th Annual Scientific & Clinical Congress  
Los Angeles, CA
- 2019 Gender Dysphoria: Providing Affirming Mental Health Care to TGNB Youth  
European Association of Transgender Health  
Rome, Italy
- 2019 Recognizing the Needs of Transgender Youth in Custody California  
Department of Corrections and Rehabilitation Ventura Youth Correction Facility  
Camarillo, CA
- 2019 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Everett, WA
- 2019 Increasing Clinical and Educational Perspectives Regarding Gender Dysphoria  
Gender Education and DeMystification Symposium (GEMS)  
Atlanta, GA
- 2019 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Children's Hospital Orange County
- 2019 Medical and Mental Health Care for Transgender Adolescents Stanislas County Mental Health  
Modesto, CA
- 2018 Creating Inclusive School Environments for Transgender and Gender Non-conforming Youth  
Glendale Unified School District Glendale, CA

- 2018 Gender Dysphoria: Beyond the DSM-V Diagnosis San Diego County Health and Human Services  
San Diego, CA
- 2018 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Santa Barbara, CA
- 2018 Gender Dysphoria: Beyond the DSM-V Diagnosis Keynote Address  
West Virginia University School of Medicine  
Morgantown, WV
- 2018 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Austin, TX
- 2018 Gender Dysphoria: Beyond the DSM-V  
Gender Infinity Family and Professional Conference  
Houston, TX
- 2018 The Role of Mental Health in the Care of Transgender Clients  
Gender Infinity Family and Professional Conference  
Houston, TX
- 2018 Parenting a Transgender Child: A How to Guide for Parents  
Gender Infinity Family and Professional Conference  
Houston, TX
- 2018 Physical Gender Transition and the Checklist  
Gender Infinity Family and Professional Conference  
Houston, TX

- 2018 Informed Consent: A Collaborative Approach to the Mental Health Care for Transgender Adults  
Los Angeles Chapter of California Associate of Marriage and Family Therapists  
Los Angeles, CA
- 2018 Gender Dysphoria: Beyond the Diagnosis  
Howard Brown's Midwest LGBTQ Health Symposium  
Chicago, IL
- 2018 Gender Dysphoria and Transgender Adolescents Department of Child and Adolescent Psychiatry University of Utah School of Medicine  
Salt Lake City, UT
- 2018 Gender Dysphoria: Clinical Considerations for Transgender Youth and Young Adults  
Gender Odyssey Professional Conference  
Seattle, WA
- 2018 Understanding Gender Dysphoria: Clinical Considerations Gender Spectrum Professional Conference  
Moraga, CA
- 2018 How Much Distress is Enough: Challenging the "Persistent, Instant and Consistent" Model to Care for TGNC Youth  
Gender Spectrum Professional Conference  
Moraga, CA
- 2018 Clinical Strategies to Address Gender Dysphoria Gender Odyssey Professional Symposium  
Los Angeles, CA
- 2018 Just a Boy, Just a Girl  
Gender Odyssey Professional Symposium  
Los Angeles, CA
- 2018 The Role of Empathy When Working with Transyouth and Their Families  
Gender Odyssey Symposium  
Los Angeles, CA

- 2018 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Oceanside, CA
- 2018 Gender Dysphoria: Beyond the Medical and Mental Health Diagnosis  
Advance LA Conference  
Los Angeles, CA
- 2018 Clinical Presentations of Gender Dysphoria  
Trans\* GNC Week  
Chico, CA
- 2018 Clinical Presentations of Gender Dysphoria  
Difficult to Engage/Reach Populations Southern Counties Reginal Partnership  
Pomona, CA
- 2018 Examining Fundamental Concepts and Clinical Decision-Making Strategies Essential to Caring for Transgender and Gender Non-Conforming Youth  
Society for Adolescent Health and Medicine  
Seattle, WA
- 2018 Caring for Gender Non-conforming Youth and Young Adults  
California State University, Northridge  
Northridge, CA
- 2018 Gender Dysphoria: Beyond the Diagnosis  
Planned Parenthood's Medical Directors Reproductive Health and Medical Leadership Summit  
Salt Lake City, UT
- 2018 Gender Dysphoria: Beyond the Diagnosis  
Gender Education and DeMystification Symposium  
Salt Lake City, UT

- 2018 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals  
Los Angeles, CA
- 2017 Exploring Clinical Strategies to Address Gender Dysphoria with Transgender Youth  
Gender Odyssey Professional Conference  
Seattle, WA
- 2017 Gender Dysphoria: Exploring Beyond the Diagnosis Gender Odyssey Professional Conference  
Seattle, WA
- 2017 Gender Dysphoria: Exploring Beyond the Diagnosis  
Gender Spectrum Family Conference  
Moraga, CA
- 2017 Gender Dysphoria: Exploring Beyond the Diagnosis  
Gender Spectrum Professional Conference  
Hayward, CA
- 2017 Gender Google for Children and Teens  
Gender Odyssey Professional Conference  
Los Angeles, CA
- 2017 Just a Boy/Just Girl: Clinical Considerations for Transgender Youth Gender Odyssey Professional Conference  
Los Angeles, CA
- 2017 Caring for Transgender and Gender Non-Conforming: Increasing Awareness and Competencies. Best Practices in Mental Health and Medical Care  
Orange County Health Care Agency  
Santa Ana, CA
- 2017 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; a 2-day Educational Symposium for Professionals

Santa Barbara, CA

- 2017 Gender Dysphoria: Beyond the Diagnosis  
Integrated Care Conference  
Los Angeles, CA
- 2017 Gender Dysphoria: Beyond the Diagnosis Center for Juvenile Justice Reform  
Georgetown University  
Washington, DC
- 2017 Caring for Gender Non-Conforming and Transgender Adolescents California  
Psychiatric Association  
Yosemite, CA
- 2017 Gender Diverse Children Development and School Policy Carpentaria  
Unified School District  
Carpentaria, CA
- 2017 Creating Affirming Environments for Transgender Clients Central Texas  
Transgender Health Coalition Conference  
Austin, TX
- 2017 Gender Dysphoria: Beyond the Diagnosis  
Central Texas Transgender Health Coalition Conference  
Austin, TX
- 2017 Managing Life Transitions: Gender Identity and Aging Tarzana Treatment  
Centers & Psych Seminars  
Los Angeles, CA
- 2017 Informed consent: The role of mental health in the care for Trans\* GNC  
individuals  
Professional Healthcare Conference  
Chico, CA
- 2017 Clinical Complexities of Gender Dysphoria  
Professional Healthcare Conference  
Chico, CA

- 2017 Clinical Complexities of Gender Dysphoria  
California Society for Clinical Social Work  
Los Angeles, CA
- 2017 Clinical Complexities of Gender Dysphoria: Mental Health Care for Gender  
Nonconforming and Transgender Youth  
Cultural Competency Conference  
El Paso, TX
- 2017 Dismantling Cisgender Privilege: Self-Examination in Mental Health United  
States Professional Association for Transgender Health  
(USPATH) National Scientific Symposium  
Los Angeles, CA
- 2017 Outside the Binary - Care for Non-Binary Adolescents and Young Adults  
United States Professional Association for Transgender Health (USPATH)  
National Scientific Symposium  
Los Angeles, CA
- 2017 Comprehensive Approach to the Care of Gender Non-Conforming Children,  
Transgender Youth and Young Adults; an Educational Symposium for  
Professionals  
Riverside, CA
- 2017 Comprehensive Approach to the Care of Gender Non-Conforming Children,  
Transgender Youth and Young Adults; an Educational Symposium for  
Professionals  
Oceanside, CA
- 2016 Comprehensive Approach to the Care of Gender Non-Conforming Children,  
Transgender Youth and Young Adults; an Educational Symposium for  
Professionals  
Santa Barbara, CA
- 2016 Parenting a Transgender Child in a Cisgender World: Clinical Guidance for  
Mental Health Professionals

Southeastern Transgender Health Summit  
Asheville, North Carolina

2016 Working with Transgender and Gender Nonconforming Youth: Best Practices  
Southeastern Transgender Health Summit  
Asheville, North Carolina

2016 Clinical Complexities of Gender Dysphoria  
Gender Infinity Family and Professional Conference  
Houston, TX

2016 Models of Care & Legal Issues Related to Consent Gender Infinity  
Professional Conference  
Houston, TX

2016 Defining and Caring for Non-Binary Identified Youth  
Gender Infinity Professional Conference  
Houston, TX

2016 Tunnel Vision and the Checklist  
Gender Odyssey Professional Conference  
Seattle, WA

2016 The Role of Empathy in the Care of Transgender and Non-binary Youth  
Gender Odyssey Professional Conference  
Seattle, WA

2016 Transition: The Internal and External Journey  
Gender Odyssey Professional Conference  
Seattle, WA

2016 Just a Boy, Just a Girl: Clinical Considerations for Transgender Youth  
Gender Odyssey Professional Conference  
Seattle, WA

2016 Gender Dysphoria and The Psychosocial Well-Being of Transgender College  
Students  
Oregon State University



Corvallis, OR

- 2016 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; an Educational Symposium for Professionals  
San Diego, CA
- 2016 Care of Gender Non-Conforming Children, Transgender Youth, and Young Adults  
Arizona Psychiatric Society  
Tempe, AZ
- 2016 Building Best Care for Gender-nonconforming and Transgender People Across the Life Span  
California Psychological Association  
Irvine, CA
- 2016 Transgender Mental Health and Medical Care  
San Diego State University Student Health Services and Counseling & Psychological Services  
San Diego, CA
- 2016 Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; an Educational Symposium for Professionals  
Pasadena, CA
- 2016 Transgender Populations, Trauma, and HIV  
Coping with Hope Professional Conference  
Los Angeles, CA
- 2016 Beyond Male and Female; Approach to Youth with Non-Binary Gender Identities  
World Professional Association for Transgender Health (WPATH)  
International Scientific Symposium  
Amsterdam, Netherlands
- 2016 Transgender Affirming Therapy in a Cisgender World Mt. Sinai Hospital, Division of Adolescent Medicine

New York, NY

- 2015            Increasing Inclusion of Transgender and Gender Non-Conforming Youth in Public School Gay Straight Alliances  
LGBT Pride Project, Ventura County Behavioral Health  
Oxnard, CA
- 2015            Comprehensive Approach to the Care of Gender Non-Conforming Children, Transgender Youth and Young Adults; an Educational Symposium for Professionals  
University of Arizona Banner Medical Center  
Tucson, AZ
- 2015            Medical Care for Gender Non-Conforming Children, Transgender Adolescents and Young Adults in the New Millennium  
Asante Rogue Regional Medical Center  
Medford, OR
- 2015            Transgender Youth – An Overview of Medical and Mental Health Needs of Gender Non-Conforming Children and Transgender Adolescents, Public Child Welfare Training Academy  
Academy for Professional Excellence at San Diego State University School of Social Work  
San Diego, CA
- 2015            Transition: The Internal and External Journey  
Gender Odyssey Professional Conference  
Seattle, WA
- 2015            Just a Boy/Just a Girl  
Gender Odyssey Professional Conference  
Seattle, WA
- 2015            How to Talk to Transgender Youth about Difficult Subjects  
Gender Odyssey Professional Conference  
Seattle, WA

- 2015 Tunnel Vision and the Checklist  
Gender Odyssey Professional Conference  
Seattle, WA
- 2015 Just a Boy, Just a Girl  
Gender Spectrum Professional Conference  
Moraga, CA
- 2015 Outside the Gender Binary: Defining and Caring for Non-Binary Identified Youth  
Transgender Health and Education Alliance Family Symposium  
Atlanta, GA
- 2014 Improving Permanency & Inclusion for Our Youth; Transgender Youth: Needs, Risks, Outcomes and the Role of the System Administrative Office of the Courts, Center for Families and Children of the Courts  
San Diego, CA
- 2013 Trans Mental Health Care  
Gender Expansion Trans Health Conference  
Missoula, MT
- 2013 Transition: The Internal and External Journey Gender Odyssey Professional Seminar  
Seattle, WA
- 2013 Tunnel Vision and the Checklist  
Gender Odyssey Professional Seminar  
Seattle, WA
- 2013 LGBTQ+ and T\* Safe Space Ally Training  
Butte-Glenn Community College  
Oroville, CA
- 2013 Working with Transgender and Gender Expansive Youth in Foster Care  
Sierra Forever Families Foster Family Agency  
Sacramento, CA

- 2013 Working with LGBT+ and T\* Youth in Foster Care  
Northern Valley Catholic Social Services, CASA  
Chico, CA
- 2013 Expanding Your Frame to Include LGBTQ+ and T\* Perspectives in a Clinical Practice  
California Association of Marriage Family Therapists (CAMFT)  
Chico, CA
- 2013 Expanding Your Frame to Include LGBTQ+ and T\* Perspectives in a Clinical Practice  
National Association of Social Workers (NASW)  
Chico, CA
- 2013 Supporting and Advocating for LGBTQ+ and T\* Victims and Survivors of Sexual Assault  
Rape Crisis Intervention Services  
Chico, CA
- 2013 Suicide Prevention in the LGBTQ+ and T\* Communities Superior California Suicide Prevention Network  
Redding, CA
- 2013 Addressing the Needs of Transgender and Gender Expansive Youth Under the Age of 13 in Foster Care”  
California Blue Ribbon Commission on Children in Foster Care Woodland, CA
- 2012 Creating a Transgender Affirming Practice California Association of Marriage Family Therapist  
Chico, CA
- 2012 Supporting Transgender Youth in K-6 Classrooms Willits Unified School District  
Willits, CA
- 2011 LGBTQ+ and T\* Safe Space Ally Training Butte-Glenn Community College  
Oroville, CA

- 2011                    Understanding and Responding to Intimate Partner Violence in LGBTQ+ and T\* Communities  
Catalyst Domestic Violence Services  
Chico, CA
- 2011                    Creating Safe Spaces for Trans\* Students Living in On-campus Housing  
CSU, Chico  
Chico, CA
- 2011                    Supporting and Advocating for Transgender Clients  
National Association of Social Workers  
Chico, CA
- 2010                    Understanding and Responding to Intimate Partner Violence in LGBTQ+ and T\* Communities  
Catalyst Domestic Violence Services  
Chico, CA
- 2009                    Why Homeless Shelters Don't Work for Transgender People: Increasing Access, Decreasing Barriers  
Share Inc.  
Vancouver, WA

GUEST LECTURES & INVITED PRESENTATIONS

- 2021                    Using and Informed Consent Model to Provide Mental Health Care to transgender and non-binary individuals  
Masters in Psychology Program  
University of Southern California  
Virtual Training
- 2021                    Increasing Access and Decreasing Harm:  
Writing letters of recommendation for surgical interventions for transgender and non-binary communities  
Grand Rounds  
Department of Psychiatry  
Keck Medicine of USC  
Virtual Training

- 2021  
Tele-Health Best Practices for the Trans Community  
Division of Adolescent Medicine Grand Rounds  
Children's Hospital, Los Angeles  
Virtual Training
- 2020  
Transitioning Teens; Supporting Parents and Caregivers  
Models of Pride Annual Conference  
Virtual Conference
- 2020  
How to Support Transgender and Non-binary Employees and Families  
Novartis Pharma Transgender Awareness Event  
Online Webinar
- 2020  
Gender Dysphoria: More than a Diagnosis  
Midwest LGBTQ Health Symposium  
Howard Brown University Health  
Chicago, IL  
Virtual Conference
- 2020  
Gender Dysphoria: Exploring Beyond the Diagnosis  
Gender Spectrum Professional Conference  
San Francisco, CA  
Virtual Conference
- 2019  
Gender Dysphoria: Providing Affirming Mental Health Care  
to TGNB Youth  
European Association of Transgender Health  
Rome, Italy
- 2019  
Gender Dysphoria  
Transforming from Love and Families Conference  
Medellín, Colombia
- 2019  
When Parents Are Ready to Make the Transition but Their Child Is Not  
Transforming from Love and Families Conference  
Medellín, Colombia

- 2019                    If Your Child Says They are Transgender, They Probably Are  
Public Lecture  
Bristol, England U.K.
- 2019                    Transgender Youth - An Overview of Medical and Mental Health Needs of  
Gender Non-Confirming Children and Transgender Adolescents  
University of Bristol Public Lecture  
Bristol, England, U.K.
- 2019                    Dismantling Cisgender Privilege: Self-Examination in the Care of  
TGNC Individuals  
American Civil Liberties Union of Texas Reproductive Freedom in  
Action Conference  
Austin, TX
- 2019                    Transgender 201  
University Southern California USC Student Health  
Los Angeles, CA
- 2018                    Gender Dysphoria: Beyond the Diagnosis  
GenderFest Conference  
Las Vegas, NV
- 2018                    Informed Consent: A Collaborative Approach to Mental Health Care for  
TGNC Individuals  
GenderFest Conference  
Las Vegas, NV
- 2018                    Gender Dysphoria: Beyond the Diagnosis  
Gender Spectrum Family Conference  
Moraga, CA
- 2018                    Ready, Set, Oh!: When Parents are Ready to Transition  
and Their Child is Not  
Gender Spectrum Family Conference  
Moraga, CA

- 2018 Gender Dysphoria: Why is my Child Still Struggling?  
Gender Odyssey Family Conference  
Seattle, WA
- 2018 Just a Boy, Just a Girl: The Next Generation  
Gender Odyssey Family Conference  
Seattle, WA
- 2018 Gender Dysphoria: Broadening the Lens  
Gender Odyssey Family Conference  
Seattle, WA
- 2018 Supporting Transgender College Students in Peer Advocacy Programs  
California Institute of Technology  
Pasadena, CA
- 2018 Establishing a Physically and Emotionally Safe School Environment for Our  
Transgender Students  
Hart Unified School District  
Santa Clarita, CA
- 2018 Gender Dysphoria and Transgender Adolescents First National Transgender  
Health Conference  
Monterrey, Mexico
- 2018 Dimensions of Gender  
First National Transgender Health Conference  
Monterrey, Mexico
- 2018 Gender Dysphoria  
School Nurses Organization of Idaho  
Boise, ID
- 2018 Invited Lecture  
Pepperdine University's Master's in Clinical Psychology Program  
Los Angeles, CA



- 2018                    Increasing Transgender Competency in the Corporate Environment  
TechStyle Fashion Group  
Los Angeles, CA
- 2018                    Invited Lecture  
Occidental College  
Los Angeles, CA
- 2018                    Identity Affirming Therapy for LGBTQ Youth  
Rape Treatment Centers  
Santa Monica, CA
- 2018                    Invited Lecture for Parent Education Night  
Center for Early Education  
West Hollywood, CA
- 2017                    Just a Boy/Just a Girl  
Gender Odyssey Family Conference  
Seattle, WA
- 2017                    Gender Google: Questions and Answers Regarding Children Ages  
13 and Older  
Gender Odyssey Family Conference  
Seattle, WA
- 2017                    Gender Dysphoria: Beyond the Diagnosis  
Gender Odyssey Family Conference  
Seattle, WA
- 2017                    Gender Dysphoria: Exploring Beyond the Diagnosis  
Gender Spectrum Family Conference  
Moraga, CA
- 2017                    The Role of Mental Health Care for Transyouth in Mexico  
Council to Prevent and Eliminate Discrimination Diverse Families Forum:  
The Importance of Family Support in Trans and LGBTI Children"  
Mexico City, Mexico
- 2017                    Gender Google: Questions and Answers Regarding Children

Ages 12 and Under  
Gender Odyssey Family Conference  
Seattle, WA

2017 Strategies to Improve Communication: Parenting a Transgender Child  
Gender Odyssey Family Conference  
Seattle, WA

2017 Gender Dysphoria: Supporting Transgender Individuals  
Models of Pride Conference  
Los Angeles, CA

2017 Gender Dysphoria: Beyond the Diagnosis  
Gender Infinity Conference  
Houston, TX

2017 Informed Consent: The Role of Mental Health in the Care of Transgender  
Individuals  
Gender Infinity Conference  
Houston, TX

2017 Parenting a Transgender Teenager in a Cisgender World  
Gender Infinity Conference  
Houston, TX

2017 Transition and the Checklist  
Gender Infinity Conference  
Houston, TX

2017 Gender Dysphoria What Summer Camp Counselors Need to Know to  
Effectively Support Transgender Youth  
Laurel Foundation  
Los Angeles, CA

2017 Gender Dysphoria: Exploring Beyond the Diagnosis and the Role of Mental  
Health  
Pink Competency Annual Conference on Advancing Rights for Transgender  
and Gender Non-Conforming Youth in Norway  
Oslo, Norway

- 2017  
Invited Lecture  
Gender Dysphoria: Supporting Transgender Individuals  
Pepperdine University  
Los Angeles, CA
- 2017  
Exploring the Intersectionality of Gender Dysphoria, Homelessness, Systems  
of Oppression and Privilege on Skid Row  
Project 50 JWCH Institute  
Los Angeles, CA
- 2017  
Supporting Transmasculine Students at an all-Girls Catholic High School  
Marymount High School  
Los Angeles, CA
- 2017  
Medical and Mental Health Care for Transgender and Gender Non-  
Conforming Youth  
Center for Early Education  
Los Angeles, CA
- 2017  
Sociocultural Challenges Transgender Individuals Face: Intersectionality,  
Racism, Homophobia and Gender Dysphoria  
Division of Research Children, Youth & Families  
Children's Hospital, Los Angeles  
Los Angeles, CA
- 2017  
Gender Confirmation Surgery and Letters: The Role of Informed Consent  
Within the Gatekeeper Model  
University of Southern California Counseling Center  
Los Angeles, CA
- 2017  
Increasing Awareness and Responsibility for Transgender Youth  
Sinai Akiba Academy  
Los Angeles, CA
- 2017  
The State of Transyouth Care in the US  
Department of State's International Visitor Leadership Program  
Los Angeles, CA

- 2017 Experiences of Transgender College Students in Student Housing  
California State University, Fullerton  
Fullerton, CA
- 2017 Experiences of Transgender College Students in Student Housing  
California State University, Los Angeles  
Los Angeles, CA
- 2017 Supporting Transgender and Gender Non-Conforming Youth in Single Sex  
Private School Environments  
Immaculate Heart Catholic Middle and High School  
Los Angeles, CA
- 2016 Transgender Identity: Navigating Healthcare  
California Institute of Technology  
Pasadena, CA
- 2016 Working with Transgender and Gender Nonconforming Youth  
Rape Treatment Services  
Santa Monica, CA
- 2016 Building Hardiness for Gender Non-Conforming and Trans Youth  
The Institute for Girls Development  
Pasadena, CA
- 2016 Parenting a Transgender Child in a Cisgender World  
Gender Infinity Family Conference  
Houston, TX
- 2016 Transition and the Checklist: Exploring the Internal and External Journey  
Gender Infinity Family Conference  
Houston, TX
- 2016 Informed Consent: A Collaborative Approach to Mental Health Care for  
Transgender Youth  
Gender Infinity Family Conference  
Houston, TX

- 2016 Just a Boy/Just Girl: Clinical Considerations for Transgender Youth Gender Infinity Family Conference  
Houston, TX
- 2015 Outside of the Gender Binary: Defining and Caring for Non-Binary Identified Youth  
Gender Spectrum Family Conference  
Moraga, CA
- 2015 Just a Boy, Just a Girl  
Gender Spectrum Family Conference  
Moraga, CA
- 2015 Supporting Transgender Youth and Young Adults  
Southern Oregon University Student Health and Wellness Center Ashland,  
OR
- 2015 Cisgender Privilege and the Trans\* Experience  
Trans\* Week  
Chico, CA
- 2015 Gender Nonconforming Children and Transgender Adolescents  
EDGY Conference  
Los Angeles, CA
- 2015 Mental Health Care for Transgender and Gender Nonconforming Youth and Young Adults  
Models of Pride  
Los Angeles, CA
- 2015 Gender Google  
Transgender Health and Education Alliance Family Symposium  
Atlanta, GA
- 2015 Developing Transgender Care Programs Within a Community Healthcare Clinic  
National Transgender Health Summit  
Oakland, CA

- 2014  
LGBQ+ and T\* Safe Space Ally Training  
Butte-Glenn Community College  
Oroville, CA
- 2014  
Transgender Youth - an Overview of Medical and Mental Health Needs of  
Gender Non-Conforming Children and Transgender Adolescents  
Get Real California  
Santa Ana, CA  
Madera, CA  
Oakland, CA
- 2014  
Transgender Sensitivity Training  
Minority AIDS Project  
Los Angeles, CA
- 2014  
Providing Transgender Medical and Mental Health Services for Students  
California Institute of Technology  
Pasadena, CA
- 2014  
Trans Reality: Social Stigma, HIV & the Transgender Community  
Charles R. Drew University Pacific, AIDS Education and Training Center  
Los Angeles, CA
- 2014  
Clinical Considerations When Working with Transgender Youth and Adults  
Antioch University, COLORS LGBTQ Youth Counseling Center  
Los Angeles, CA
- 2015  
Gender Google: A 101 Primer  
Gender Infinity Provider and Advocacy Day  
Houston, TX
- 2016  
Just a Boy, Just a Girl: Clinical Considerations for Transgender Youth  
Gender Spectrum Professional Conference  
Moraga, CA

- 2016 Tunnel Vision and the Checklist  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Car Talk: Increasing Family Communication  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Beyond Male and Female; Approach to Youth with Non-Binary Gender  
Identities  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Just a Boy, Just a Girl: Clinical Considerations for Transgender Youth  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Gender Google I: Questions and Answers Regarding Gender Non-  
Conforming Children Ages 12 and Under  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Gender Google II: Questions and Answers Regarding Transgender Children  
Ages 13 and Older  
Gender Odyssey Family Conference  
Seattle, WA
- 2016 Working with Gender Nonconforming Children and Transgender Youth  
Immaculate Heart High School  
Los Angeles, CA
- 2016 Caring for Gender Nonconforming and Transgender Youth  
Idyllwild Performing Arts Academy  
Idyllwild, CA
- 2016 Creating a Gender Inclusive School Environment  
Vista mar Gender Symposium  
El Segundo, CA

- 2016 Transgender Identity Affirming Mental Health Care Southern California  
Counseling Center  
Los Angeles, CA
- 2016 Increasing Access and Awareness for Transgender Adults Experiencing  
Homelessness  
LAMP Community Services  
Los Angeles, CA
- 2016 The Transgender Experience and Social Work  
California State University Los Angeles  
Los Angeles, CA
- 2016 The Transgender Experience  
Grand Rounds  
Providence Tarzana Medical Center  
Tarzana, CA
- 2016 The Transgender Experience  
Grand Rounds  
Providence St. Joseph's Hospital  
Burbank, CA
- 2015 Mental Health Care for Transgender and Gender Nonconforming Youth and  
Young Adults  
Antioch University  
Culver City, CA
- 2015 Clinical Care for Transgender and Gender Non-Conforming Clients Antioch  
University  
Culver City, CA
- 2015 Exploring the Transgender Narrative  
California Institute of Technology Student Health Services  
Pasadena, CA
- 2015 Social Work and the Transgender Community  
California State University Los Angeles,  
Master of Social Work Program



Los Angeles, CA

- 2015            Looking Forward: Life After Transition  
AIDS Project Los Angeles  
Los Angeles, CA
  
- 2015            Integrated Medical Care for HIV Positive Transgender Adults  
Long Beach Comprehensive HIV Planning Group  
Long Beach, CA
  
- 2015            Panel of Experts: Discussion with a Focus on Treatment as a Key Modality  
for Risk Reduction  
Gender Infinity Provider and Advocacy Day  
Houston, TX
  
- 2015            Parenting a Transgender Child in a Cisgender World  
Gender Infinity Family Conference  
Houston, TX
  
- 2015            Trans 101  
Gender Infinity Family Conference  
Houston, TX
  
- 2015            How to Talk to Your Child About Their Body  
Gender Infinity Conference  
Houston, TX
  
- 2015            Mental Health Care for Transgender Adolescents and Gender  
Nonconforming Youth  
Gender Expansion Conference  
Missoula, MT
  
- 2015            Tunnel Vision and the Checklist  
Gender Odyssey Family Conference  
Seattle, WA
  
- 2015            Outside the Gender Binary

Gender Odyssey Family Conference  
Seattle, WA

2015 Car Talk: How to Talk to Your Transgender Child about Difficult Subjects  
Gender Odyssey Family Conference  
Seattle, WA

2015 Gender Google 1: Questions and Answers Regarding Children Ages 12 and Under  
Gender Odyssey Family Conference  
Seattle, WA

2015 Gender Google II: Questions and Answers Regarding Children Ages 13 and Over  
Gender Odyssey Family Conference  
Seattle, WA

2015 Just a Boy/Just a Girl  
Gender Odyssey Family Conference  
Seattle, WA

2015 Trans 101: Supporting Transgender and Gender Non-Conforming Youth  
Oasis Trilingual Community School  
Temple City, CA

2015 Working with Transgender Patients: Increasing Knowledge and Awareness  
St. John's Well Child & Family Center's Homeless Services Program  
Los Angeles, CA

2015 Outside of the Gender Binary  
Gender Infinity Provider and Advocacy Day  
Houston, TX

2015 Transition for Teens and Young Adults  
Gender Infinity Provider and Advocacy Day  
Houston, TX

- 2014 Providing Services & Supports for Transgender Cal Tech Students California Institute of Technology Student Mentor & Counseling Program Pasadena, CA
- 2014 Providing Transgender Services for Students California Institute of Technology Student Health Services Pasadena, CA
- 2014 WPATH Standards of Care: Rules or Guidelines? St. John's Well Child & Family Center: Integrated Behavioral Health Team Los Angeles, CA
- 2014 Transitioning Teens and Adolescent Experience Models of Pride University of Southern California Los Angeles, CA
- 2014 Supporting and Advocating for your Child: A Primer on What You Need to Know Southern Comfort Conference Atlanta, GA
- 2014 Cisgender Privilege and Hetero-normativity and its Impact on the Psychosocial Development of Transgender Youth Chico Trans\* Week Chico, CA
- 2014 Providing Care for Transgender Youth: A Community Care Model Southern Comfort Conference Atlanta, GA
- 2014 Transition part 1: The internal & External Journey Gender Odyssey Professional Conference Seattle, WA
- 2014 Transition part 2: Maintaining Relationships Gender Odyssey Professional Conference Seattle, WA
- 2014 Tunnel Vision and the Checklist

Gender Odyssey Professional Conference  
Seattle, WA

2014 Gender Google I: Questions and Answers About Gender Identity and Social Transitions for Youth Under 12  
Gender Odyssey Family Conference  
Seattle, WA

2014 Gender Google II: Questions and Answers About Gender and Medical Transition for Youth 13 and Older  
Gender Odyssey Family Conference  
Seattle, WA

2014 Transition part 1: The internal & External Journey  
Gender Odyssey Professional Conference  
Seattle, WA

2014 Transition part 2: Maintaining Relationships  
Gender Odyssey Family Conference  
Seattle, WA

2014 Tunnel Vision and the Checklist  
Gender Odyssey Family Conference  
Seattle, WA

2014 Just a Boy, Just a Girl: Working with Transgender Youth  
Gender Spectrum Family Conference  
Berkeley, CA

2014 Outside of the Gender Binary: Defining and Caring for Non-Binary Identified Youth  
Gender Spectrum Family Conference  
Berkeley, CA

2014 Transgender Populations and HIV  
The Los Angeles HIV Mental Health Task Force  
Los Angeles, CA

- 2014 Gender Google I: Questions and Answers About Gender identity and Social Transitions for Youth Under 12  
Philadelphia Trans Health Conference  
Philadelphia, PA
- 2014 Gender Google II: Questions and Answers About Gender and Medical Transition for Youth 13 and Older”  
Philadelphia Trans Health Conference  
Philadelphia, PA
- 2014 Increasing Awareness of Transgender Identities in High Schools  
Metropolitan Nashville Public Schools  
Nashville, TN
- 2012 Transitioning Through the LGBTQ+ Rainbow  
CSU, Chico LGBTQ+ and T\* Leadership Summit  
Chico, CA
- 2012 Transitioning Through the Gender Binary  
American Association of University Women  
Chico, CA
- 2012 Supporting Trans\* Students in Public Education  
Paradise Center for Peace and Non-Violence  
Paradise, CA
- 2012 Creating a Safe Space for LGBTQ+ and T\* Youth  
Boys and Girls Club  
Chico, CA
- 2012 Access and Equity in Primary Education for Transgender and Gender Non-Conforming Youth  
Deakin University  
Warrnambool, Victoria Australia
- 2012 LGBTQ+ and T\* Safe Space Ally Training  
Butte-Glenn Community College  
Oroville, CA

- 2012                    Understanding and Responding to Intimate Partner Violence in LGBTQ+ and T\* Communities  
Catalyst Domestic Violence Services  
Chico, CA
- 2011                    Suicide Prevention and LGBTQ+ and T\* Transitional Age Youth  
Chico Community Forum for Suicide Prevention  
Chico, CA
- 2011                    LGBTQ+ and T\* Education Panel  
CSU, Chico Queer Week  
Chico, CA
- 2011                    Gender Identity Education Panel  
Butte-Glenn Community College  
Oroville, CA
- 2011                    Development of Transgender Identity: Negotiating Masculinity/Femininity  
CSU, Chico Diversity Days  
Chico, CA
- 2010                    Re-examining the Gender Binary Through the Two-Spirit Lens  
Butte-Glenn Community College  
Oroville, CA
- 2010                    Deconstructing the T in LGBTQ  
Community Presentation  
Chico, CA
- 2010                    Transgender Identities and Experiences  
Butte –Glenn Community College Queer Week  
Oroville, CA
- 2010                    Suicide Prevention for LGBTQ+ and T\* Students  
Marsh Junior High School  
Chico, CA
- 2010                    Examining Privilege and Personal Bias  
Catalyst Domestic Violence Services

Chico, CA

2009 Gender Revolutionaries  
CSU, Chico LGBTQ+ and T\* Leadership Summit  
Chico, CA

2008 Challenging Inequities: The Invisibility of Sexual and Gender Minority Youth  
in Public Education  
Sonoma State University  
Sonoma, CA

#### OTHER EXPERIENCE

2021 Group Supervisor  
SLO Acceptance Project  
San Jose, CA  
Virtual Group

2018 – 2021 Psychotherapist  
Gender Spectrum: TGNC Support Group  
University of Southern California Counseling Center -  
Los Angeles, CA

2013 - Present Psychotherapist  
Transforming Families Parent Support Group  
Los Angeles, CA

2008 – 2013 Co-Founder  
Transgender Task Force  
California State University, Chico  
Chico, CA

2009-2013 Counselor  
Anorexia Nervosa and Associated Disorders (ANAD)  
Chico, CA

#### HONORS AND AWARDS

- 2015                      Awarded, The National Trans 100, Recognizing Work for the Transgender Community
- 2013                      Awarded, Lavender Graduation Graduate Achievement Award  
California State University, Chico
- 2012, 2013              Awarded, Graduate Equity Fellowship Program recipient  
California State University, Chico
- 2012                      Awarded, Graduate Torch Bearer
- 2011, 2012              Awarded, Advocate for Equality Recipient

PROFESSIONAL MEMBERSHIPS/ASSOCIATIONS

- World Professional Association of Transgender Health (WPATH)
- United States Professional Association of Transgender Health (USPATH)
- European Professional Association of Transgender Health (EPATH)
- National Association of Social Workers